**Berkshire Active Virtual Games 2021**

**25th January – 12th February**

# Challenge 3 – Brontosaurus Egg

KS1 - Challenges

[https://getberkshireactive.org/uploads/dynamic-dinosaurs-the-challenges-(1).pdf](https://getberkshireactive.org/uploads/dynamic-dinosaurs-the-challenges-%281%29.pdf)

Scoresheet

<https://getberkshireactive.org/uploads/paper-copy-14.pdf?v=1611058791>

EQUIPMENT

1 ball

TO PLAY

Stand with your feet shoulder width apart. Place the ball / Sock on the ground between your legs. Roll the ball / sock on the ground around your legs in a figure of 8. Repeat.

TOP TIP

You can change the ball for a sock, or any other small object you can find.

SCORING

Complete as many figure of 8s as possible in 60 seconds. 1 point every time it goes around a leg.

INSTRUCTION VIDEO

<https://www.youtube.com/watch?v=QyODO5p7PeI&feature=youtu.be>