

CATCHING CHALLENGE

CHALLENGE

HOW MANY CATCHES CAN YOU AND A PARTNER TAKE IN 60 SECONDS?

KIT & SETUP

- ONE BALL BETWEEN TWO
- USE PLAYGROUND LINES OR CONES
- STOP WATCH
- TAPE MEASURE

CATCHING DISTANCES

- 2 METRES FOR KS1
- 4 METRES FOR LKS2
- 6 METRES FOR UKS2

STEP FRAMEWORK

- USE BIGGER BALLS
- ONE HANDED CATCHES
- LONGER OR SHORTER CATCHING DISTANCES



TIPS

- HANDS TOGETHER TO MAKE A BIG CATCHING AREA
- STABLE BASE - READY TO MOVE POSITION LIKE A FOOTBALL GOALKEEPER
- EYE ON THE BALL
- ASK CHILDREN TO THINK ABOUT TACTICS FOR A HIGHER SCORE

CLICK ON A LOGO BELOW FOR MORE INFO



**CHANCE
TO SHINE**