

Regional Office: 224 Berwick Avenue, Slough, SL1 4QT: 01753 373464 / 0800 7723578
HQ: Thames Court, Richfield Avenue, Reading, RG1 8EQ

Dear parent / Carer

Height and weight measurement and Health questionnaire for children in Year 6

Each year in England, school children in Year 6 have their height and weight measured at school as part of the National Child Measurement Programme. We have attached a brief health questionnaire for you to complete and return via your child's school.

The measurements are carried out by trained Public health nurse or trained health care staff. Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils.

The information collected by us includes your child's height and weight measurements together with their name, date of birth, gender, home address and postcode, NHS Number and ethnicity which is provided by your local authority. This information about your child is needed because their age, gender, ethnicity and the place they live are known to affect their height and weight. Their name, date of birth and NHS Number is needed to link your child's measurements to other information about your child. All this information is treated confidentially and held securely by us. It will not be shared with your child, child's school or with other children.

The NHS Digital database will place your child's height and weight into one of the following category – "underweight", "healthy weight", "overweight" and "very overweight". If your child is outside of the "healthy weight" category you will receive a letter by post with further information.

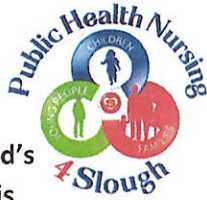
The information collected from all schools in the area will be gathered together and held securely by local authority. We will store your child's information on their local child health record on the child health information database.

All the information collected about your child will be sent by local authority to NHS Digital. NHS Digital is responsible for collecting health and care information to check how the NHS and social care services are doing, and to use this to improve the care provided to people across England.

The information collected about your child will also be shared by NHS Digital with Public Health England but in a de-personalised form only. This means Public Health England will not be able to identify your child. Public Health England is responsible for working to protect and improve the nation's health.

Both NHS Digital and Public Health England will use the information from the National Child Measurement Programme to better understand numbers and trends in child weight and body mass index (BMI). This helps with the planning of services to support healthy lifestyles in your area. No information will ever be published by NHS Digital or Public Health England that identifies your child.

If your child was previously measured for the National Child Measurement Programme, NHS Digital may link your child's current and previous height and weight measurements. It may also link their measurements with other information it holds about your child such as their dental



survey results or the reasons for any visits they may have made to hospital. Linking your child's information in this way helps better understand how and why the weight status of children is changing.

De-personalised information from the National Child Measurement Programme may also be shared by NHS Digital with other organisations, such as universities. This is to help improve health, care and services through research and planning. This information cannot be used to identify your child, and NHS Digital only ever shares information for research with the approval of an independent group of experts.

Withdrawing your child from the National Child Measurement Programme

If you are happy for your child to be measured, you do not need to do anything.

If you do not want your child's height and weight to be measured, please inform in writing / by e-mail within 7 days of receipt of this letter, using the contact details provided on the top of this letter.

Children will not be made to take part on the day if they do not want to.

Health Questionnaire

We have attached a brief health questionnaire for you to complete and return via your child's school. The questionnaire enables us to identify any support the service can provide to enable your child to stay healthy and happy at school.

Please complete the health questionnaire, ensuring that you have included your child's NHS number on the form. Once completed, please return it to your child's school office in the envelope marked "Confidential for the attention of Public health nursing – school nurse."

General Child Health and Development

As part of a child's healthy development, we recommend that all children and young people have regular check-ups with an Optician and Dentist. These services are free of charge. Further information on the dentistry service is available at: www.nhs.uk/dentists



Further information

Further information about the National Child Measurement Programme can be found at <https://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme/>

Information and fun ideas to help your kids stay healthy can be found at <https://www.nhs.uk/change4life>

Information about how NHS Digital and Public Health England collect and use information can be found at <https://digital.nhs.uk/about-nhs-digital/our-work/keeping-patient-data-safe/how-we-look-after-your-health-and-care-information> and <https://www.gov.uk/government/organisations/public-health-england/about/personal-information-charter>

Information about the organisations NHS Digital has shared information from the National Child Measurement Programme can be found at <https://digital.nhs.uk/services/national-child-measurement-programme>

Yours faithfully,

Public Health Nursing 4 Slough

SCHOOL HEALTH QUESTIONNAIRE – CONFIDENTIAL

To be completed by parents/carers. **Please return to your child's school in the envelope marked "For the attention of the School Nursing Team".** Alternatively, you can send the completed form back to Publichealthnursing.4slough@nhs.net marked 'CONFIDENTIAL SNHQ' if you consent to information being shared electronically within the Slough school nursing service.

CHILD DETAILS

 Surname: _____

 First Name: _____

 Address: _____

 Postcode: _____

 Date of Birth: _____

 NHS Number: _____
 (may be found in red Child Health Book)

 Boy/Girl : _____
 (Delete as appropriate)

 Ethnicity: _____

 GP Surgery: _____

PARENT/CARER DETAILS

 Surname: _____

 First Name: _____

 Address: _____

 Postcode: _____

 Relationship to child: _____

 Contact numbers: _____

 Email address: _____

 Consent to send health promotion material via email: Yes/No

 Date form completed: _____

PLEASE NOW COMPLETE THE HEALTH QUESTIONS FOR YOUR CHILD OVERLEAF

CONTACT US

The Public Health Nursing Team are here to support you and your child. If you would like further advice or information, please contact us:

 **01753 373464**
 publichealthnursing.4slough@nhs.net

PRIVATE & CONFIDENTIAL – SCHOOL HEALTH QUESTIONNAIRE YEAR SIX

Child's Name		Please tick		School
		Yes	No	Class
The school nurse may contact you if you tick 'Yes' to any of the questions below				Please use the box below to add any comments
1	Are you concerned about your child's behaviour?			
2	Are you concerned about your child's bedtime routine/quality of sleep?			
3	Are you concerned about your child's emotional wellbeing or mental health?			
4	Are you concerned about your child's hearing? Is your child currently under the care of an Audiologist?			
4a	Is your child currently under the care of the Ear Nose & Throat Department?			
4b	Does your child use a hearing aid?			
5	Are you concerned about your child's vision?			
5a	Is your child currently under the Orthoptist?			
5b	Is your child currently under the Optician?			
5c	Does your child wear glasses?			
6	Does your child have an Educational Healthcare Plan in place?			
7	Do you have any concerns with regards to your child's growth and development?			
8	Does your child have any genetic conditions?			
9	Does your child have problems with Night time wetting? Does your child have problems with Daytime wetting? Does your child have problems with Soiling?			
10	Does your child have any long-term medical conditions?			
11	Is your child under the care of a Hospital Consultant or any other Health Professional including Mental Health services?			
12	Is your child taking any long-term medically prescribed medication?			
13	Has your child suffered a severe allergic reaction that requires medication in school?			
14	Is your child registered with a dentist?			
15	Has your child had a dentist check-up in the last 12 months?			
16	Is your child up to date with all of their immunisations?			If unsure please contact your GP