Berkshire Active Virtual Games 2021 Be Incredible

Challenge 3 - Laser Beams (coordination)

Teacher Guidance link

<https://getberkshireactive.org/uploads/be-incredible-the-challenges-(1).pdf>

Score sheet

<https://getberkshireactive.org/uploads/paper-scoresheet-7.pdf?v=1612454535>

EQUIPMENT

1 marker, 3 bean bags or pair of socks, 3 tall cones or plastic bottles

TO PLAY

Standing at the marker, shoot the beanbags like laser beams, aiming to knock over the tall cones. After throwing the 3 beanbags, collect them & put the tall cones up again. Repeat.

TOP TIP

Don’t rush your throws when aiming

SCORING

You score 1 point for every tall cone knocked over. You have 60 seconds to score as many points as you can.

INSTRUCTION VIDEO

<https://www.youtube.com/watch?v=WddQqeMFhr8&list=PLHjfgYEoCy9W9EPBUXCIsRBjL-Dj7FaLE&index=6>